

**DODGELAND SCHOOL DISTRICT
MIDDLE/HIGH SCHOOL PHYSICAL EDUCATION BICYCLE CONTRACT**

We are privileged to be one of the few schools in Wisconsin to have bicycling as a part of the physical education curriculum. We wish to make this bicycling unit a fun, safe, and educational experience.

The following rules are necessary and important to a successful unit:

- Students must wear helmets at all times when on a bike and dress appropriately for activity.
- Students are responsible to ride their assigned bike and wear their assigned helmet, as well as return these items to the proper storage area.
- Students are responsible for conducting an equipment check at the beginning of each class and report all problems/damage to the teacher.
- NO jumps, stunts, or riding up or down curbs. Follow directions at all times.
- Students must stay with their class at all times. We will be riding through the Juneau Industrial Park to access the Wild Goose Bike Trail once students successfully pass all skills testing.
- Students must stay with their partner and riding group at all times. If someone in the group has a problem, two riders may ride to the teacher to report problems.
- If a student becomes separated from their group and is not sure where they went, stop and wait for them to come back. If someone does not come back for you in a while, go back the way you came.
- Riding groups must look back to see if the group behind is with them. Do not leave the group behind. Tell the group ahead to slow down or stop.

Bicycling is a lifetime activity, which can improve health, provide opportunities for social interaction, and can be used for transportation. Safe cycling is an interrelationship between riding skills, application of safety practices, and fitness. Cycling challenges a person's ability to make serious adjustments based on terrain, equipment, personal skills, and balance. The skills necessary to maximize safety are multidimensional due to the nature of different forms of cycling.

All bicycling unit questions must be directed to Mr. Thompson (ext. 1336) or Mrs. Garland (1337).

I agree to be responsible for all rules listed above and any additional rules that might be added to this bike unit.	
I am responsible for my conduct and the equipment I use.	
I am responsible to encourage others to follow the rules and act responsibly.	
If I do not follow the rules, I may be removed from the class and face school disciplinary action.	
If I damage any equipment, I am responsible to pay for all repairs or replacement costs incurred.	
_____	_____
Student Name	Grade

Student Signature	

Parent/Guardian Signature	Date